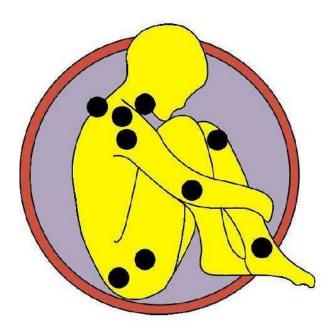
### FIBROMYALGIA IN THE UK



# Fibromyalgia Association UK

Fighting for Freedom from Fibromyalgia www.fmauk.org

#### Fibromyalgia Association UK aims to:

increase awareness of FM

lobby for speedy diagnosis

lobby for effective treatment



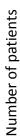
#### Fibromyalgia in the UK

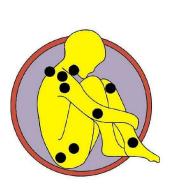
Patient survey involving over 500 people diagnosed with FM

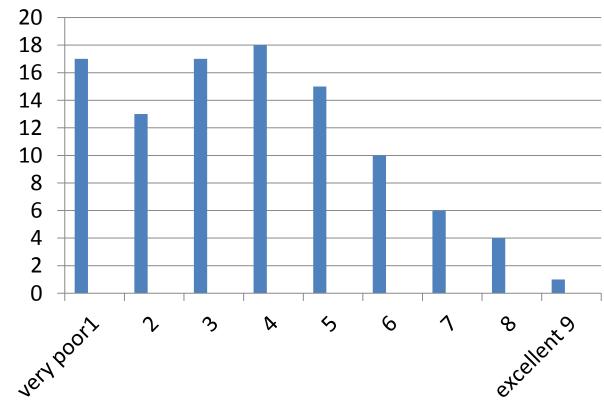
- time with symptoms,
- diagnosis,
- treatment,
- co morbidities
- satisfaction with treatment,
- effect on quality of life



### Pain management

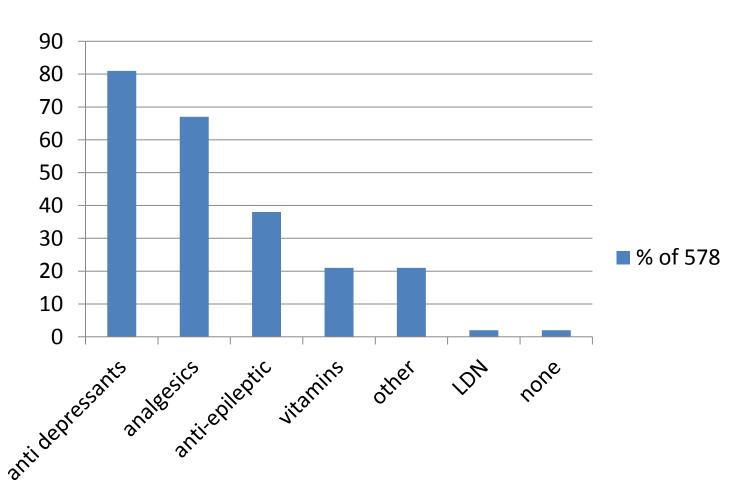






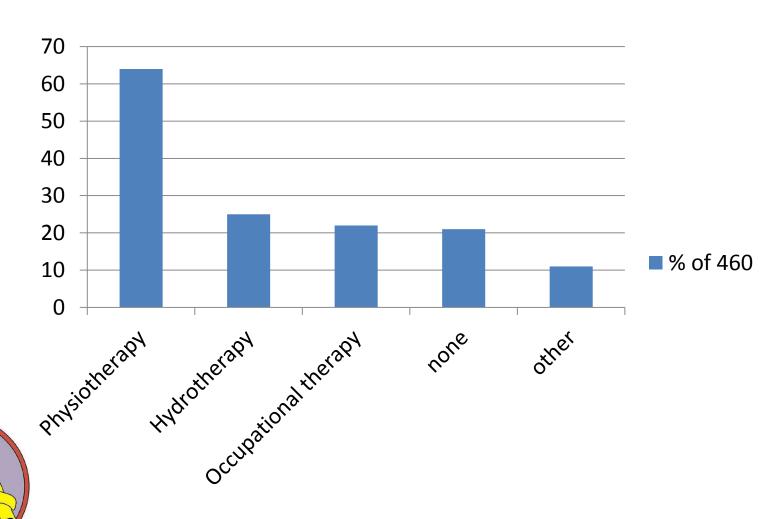
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### Treatments prescribed



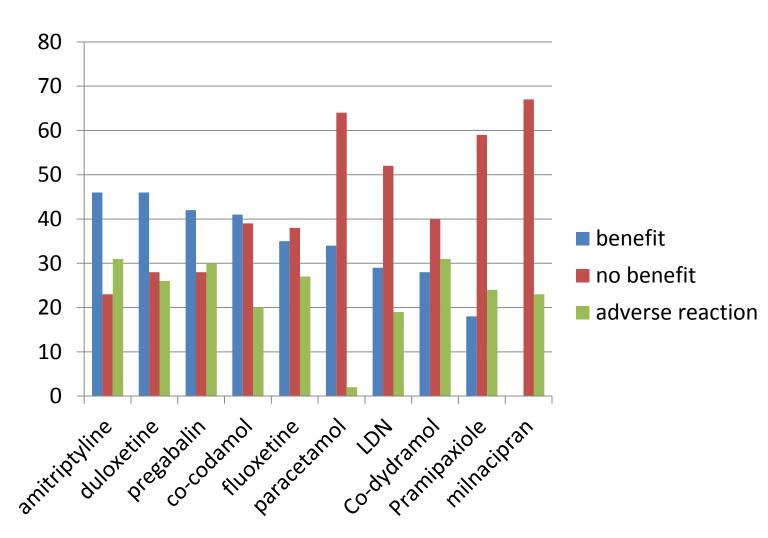
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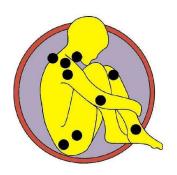
## Therapies tried



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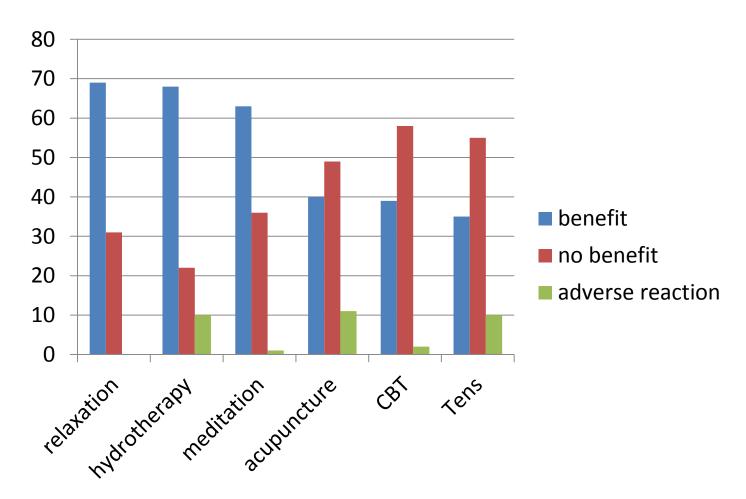
#### Medication results





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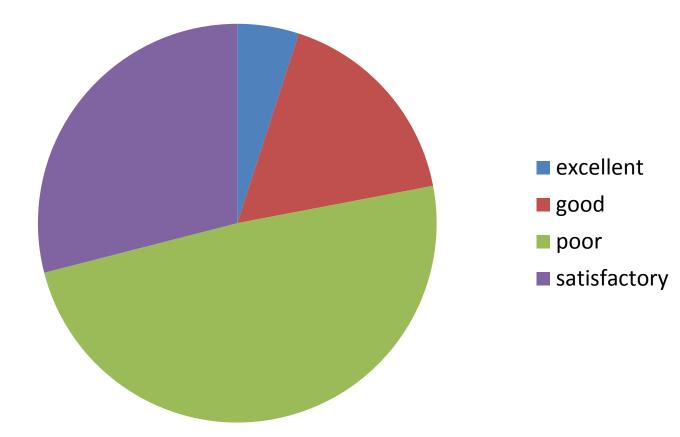
### Non drug results





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#### overall treatment



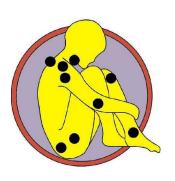


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### Conclusions

 Fibromyalgia is not effectively treated in the UK

 No one treatment is effective for everyone



## What is the next step?

NICE has timetabled 2016 to consider whether fibromyalgia should be considered for action. Without data to show the extent of the problem, how can an accurate decision be made? Information needs to be collected now to be ready for 2016, so that meaningful decisions and progress can be made on producing guidelines so that patients can benefit from a consistent service.



### Our ask of MPs

- Request that data is collected of the number of people diagnosed with fibromyalgia
- Request that NHS centres/commissioning boards are surveyed to show how many offer a multi-disciplinary approach to treating fibromyalgia



# Fibromyalgia Association UK

